Imperial College London

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Professor the Lord Darzi of Denham KBE Professor of Surgery

Mr Paraskevas Paraskeva PhD FRCS (Gen Surg)
Consultant Surgeon and Senior Lecturer

6th March 2008

To Whom it May Concern,

Re: Mr Emmanouil Zacharakis son of Stavros, DOB: 22/03/1972

LAPAROSCOPIC FELLOWSHIP in GENERAL & COLORECTAL SURGERY (24th July 2006 to 1st May 2007)

Mr Emmanouil Zacharakis was employed as a Laparoscopic Fellow/Senior Registrar in General and Colorectal Surgery at the Academic Surgical Unit, St Mary's Hospital, Imperial College Healthcare NHS Trust, from 24th of July to 1st of May 2007.

This appointment is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff of England and Wales and General Medical Council conditions of service and it is pensionable in accordance with the NHS Pension regulations 1995.

The post is whole time and attracts a salary that is in accordance with the current NHS scale. It also involves on-call commitment for General surgery at a Registrar level in a 1:8 rota.

The above-mentioned post is recognised by the Royal College of Surgeons of England and is compliant with the Directive 93/16 of the EEC for sub-specialist training in General Surgery.

The post had significant clinical commitment both in emergency and elective surgical work. In addition this post allowed Mr Zacharakis the opportunity to establish significant academic research work. During the term of the Laparoscopic/Colorectal Fellowship, Mr Zacharakis ran the delivery of the clinical service as a Senior Registrar/Fellow in the Department and coordinated care on the ward in conjunction with the junior staff and Consultants in the department. During this time Mr Zacharakis specialized in Laparoscopic and Colorectal surgery and acquired experience in General Surgery as described below.

Mr Zacharakis received training and gained significant experience, while in post, in many advanced and intermediate Laparoscopic procedures including: Laparoscopic colorectal resections (Left and Right side), Laparoscopic colostomies formation, Laparoscopic inguinal hernia repairs, Laparoscopic incisional and parastomal hernia repairs and Laparoscopic appendicectomies. He also performed a significant number of open colorectal procedures including, right hemi-colectomies, extended right hemi-colectomies, sigmoid colectomies, anterior resections of the rectum with total mesorectal excision and abdominoperineal resections. The resections he was involved in were for both benign and malignant disease.

Mr Zacharakis has also participated and trained in advanced colorectal procedures for the management of complex inflammatory bowel disease, such as Crohn's disease and Ulcerative colitis. The procedures included sub-total colectomies, procto-colectomies, J Pouch formations, and management of enterocutaneous fistulas.

While in the Department, Mr Zacharakis had the opportunity to also be involved and receive training in complex malignant resections for advanced or recurrent rectal cancer such as pelvic exenterations, salvage abdominoperineal resections and Posterior approaches to the rectum including sacrectomies.

Mr Zacharakis has also undertaken a significant volume of perianal procedures both as day cases/elective procedures and also as emergencies. He has performed a significant number of haemorrhoidectomies, both open and stapled, perianal fistula and fissure work, pilonidal sinus and anal sphincter repairs.

During this period Mr Zacharakis became an independent operator in the hospital, performing regular operating lists without needing supervision.

In addition to the operative workload, during this time Mr Zacharakis was involved in the delivery of service in two colorectal / general surgery out-patients clinics per week, each with up to 70 patients attending. He also had experience of participating in specialist clinics in inflammatory bowel disease and pelvic floor pathology.

He also participated as a Senior Registrar in General Surgery for the point of view of surgical emergencies where he ran the emergency general surgery cover in a 1:8 rota and performed a wide variety of urgent surgical procedures independently. This offered him extensive exposure to the management of all acute surgical emergencies including surgical trauma, since St Mary's is one of the largest central London teaching hospitals accepting emergency admissions on a daily basis.

As a Senior Registrar he had also been responsible for the running of surgical firms, supervision of senior and pre-registration house officers, and liaising effectively with other medical, paramedical and managerial staff at various levels in order to maintain the smooth running of the firm. He has undertaken various routine and more specialized administrative tasks as discharge summaries, junior staff rota, operating session planning, waiting list management and initiatives, implementing and running of clinical audit systems.

Mr Zacharakis during this period demonstrated excellent clinical judgement and surgical skills in the management of patients and communicated excellently with patients, their relatives and staff. He gave an excellent service during his period as Senior Registrar and was respected by all his colleagues.

Sincerely yours

Mr P Paraskeva PhD FRCS

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Professor the Lord Darzi of Denham KBE