

15<sup>th</sup> March 2013

To Whom it May Concern,

**Re: Mr Emmanouil Zacharakis son of Stavros, DOB: 22/03/1972**

**CONSULTANT IN GENERAL & UPPER GASTROINTESTINAL SURGERY**  
(4<sup>th</sup> November 2007 to 4<sup>th</sup> November 2008)

**SENIOR LECTURER IN SURGERY AND CONSULTANT IN GENERAL & UPPER**  
**GASTROINTESTINAL SURGERY**  
(1<sup>st</sup> November 2009 to 30<sup>th</sup> April 2012)

**Mr Emmanouil Zacharakis MD PhD FRCS**, was employed as a Consultant in General & Upper Gastrointestinal (GI) Surgery at the Academic Surgical Unit, St Mary's Hospital, Imperial College Healthcare NHS Trust, from 4<sup>th</sup> of November 2007 until 4<sup>th</sup> of November 2008.

He was then employed as a Clinical Senior Lecturer in Surgery at Imperial College London and Consultant in General & Upper Gastrointestinal (GI) Surgery at the Academic Surgical Unit, St Mary's Hospital, Imperial College Healthcare NHS Trust, from 1<sup>st</sup> November 2009 until his resignation, on 30<sup>th</sup> April 2012.

These appointments are subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff of England and Wales and General Medical Council conditions of service and they are pensionable in accordance with the NHS Pension regulations 1995. The posts are whole time and attract a salary that is in accordance with the current NHS scale. They also involve on-call commitment for General surgery and Trauma at a Consultant level in a 1:9 rota. The above-mentioned appointments were made in accordance with the National Health Service (Appointment of Consultants) Regulations 1996.

Mr Emmanouil Zacharakis has been a member of the Upper GI Team of the Academic Surgical Unit that comprises 3 Consultant Surgeons and in accordance with the NHS Executive's Improving Outcomes Guidance for Upper GI Cancer and the decision by the West London Cancer Network, provides centralised Oesophago-Gastric Cancer Surgery as a tertiary-referral Specialist Centre. This includes referrals from Hammersmith, Charing Cross, Ealing, Hillingdon, Royal Brompton, Harefield and North West London Hospitals.

He covered General Surgery with major interest in Oesophago-Gastric Cancer and Laparoscopic Surgery. He also provided surgical services for both Upper and Lower Gastrointestinal benign diseases. This entailed in-patient ward care, one outpatient clinic, and 4 theatre sessions per week. His duties also included participation in the multidisciplinary (MDT) weekly meetings as well as co-ordination with other colleagues in West London cancer network.

Besides, from January 2011 until April 2012, along his main duties at St Mary's Hospital, he also provided surgical services at the Bariatric Unit of Imperial College London, at Charing Cross Hospital, Imperial College Healthcare NHS Trust. This entailed in-patient ward care, one outpatient clinic, and 4 theatre sessions per month.

Mr Zacharakis has demonstrated strong emphasis on team work in terms of excellent communications, following common protocol and providing care for other colleague's patients when needed.

He also took active part in the administrative responsibilities of the Upper GI Team of the Academic Surgical Unit and has shown a strong interest in the supervision, training and managing junior medical staff. Auditing the outcome of his personal and unit performance has been an important part of his clinical activities, as well.

Mr Zacharakis also participated as a Consultant in General Surgery for the point of view of surgical emergencies and trauma, where he run effectively the Emergency General Surgery and Trauma cover in a 1:9 rota and Emergency Upper Gastrointestinal cover in 1:3 rota.

St Mary's Hospital, part of Imperial College Healthcare NHS Trust, is one of four Major Trauma Centres (MTCs) being developed across London and the **hub for the north-west London trauma network** accepting trauma from Charing Cross, Central Middlesex, Chelsea and Westminster, Ealing, Hillingdon, Luton, Northwick Park, Watford and West Middlesex Hospitals.

In addition, these posts have allowed Mr Zacharakis the opportunity to establish significant academic work. This entailed research supervision and submitting a significant amount of articles to peer review journals. He was also responsible for the development of enhanced recovery protocols for peri-operative management of Upper Gastrointestinal Cancer patients. Mr Zacharakis has shown and gained significant skills regarding the delivery of academic projects and experience in research methodology which are transferable to any future post.

In terms of teaching, he taught and examined courses to all levels through lectures, seminars, tutorials, clinical training and personal supervision.

He taught medical students from Imperial College London, directly attached to him as their supervisor, where he has performed teaching ward rounds, clinics and lectures. He has also had his own team of junior surgeons in training directly attached to him as their supervisor, where he was responsible for their surgical training and direction for clinical matters and pastoral care.

He was also involved in tutoring junior surgeons in basic surgical techniques at the Basic Surgical Skills courses that take place at St Mary's Hospital twice a year, and are organised by the Royal College of Surgeons of England.

Finally, he took active part in postgraduate surgical skills teaching, at St Mary's Clinical Skills Unit. St Mary's Unit provides an integrated laboratory skills teaching programme into North West London Higher Surgical Trainees. Mr Zacharakis successfully run regular teaching sessions on both laparoscopic and open gastrointestinal surgical techniques

Mr Zacharakis has always considered his teaching commitments as a high priority and the feedback from the medical students and trainee surgeons has always been excellent.

During these posts, Mr Zacharakis has performed a significant number of oesophago-gastric cancer resections, namely three-stage and two-stage (Ivor-Lewis) oesophagectomies with two-field lymphadenectomy, extended total, total and sub-total gastrectomies with D2 lymphadenectomy. He has shown excellent results in terms of lymph node count dissection, morbidity and mortality figures.

He has also performed a significant number of laparoscopic procedures such as laparoscopic Nissen funduplications, laparoscopic intra-thoracic hernia repairs, laparoscopic Heller's



myotomies, laparoscopic splenectomies, laparoscopic sleeve gastrectomies and gastric bypasses, laparoscopic cholecystectomies, laparoscopic inguinal and incisional hernia repairs, laparoscopic perforated peptic ulcer repairs and laparoscopic appendicectomies.

He has also performed a significant number of elective and emergency open gastro-intestinal procedures including colonic resections, as well as anorectal operations (haemorrhoidectomies, anal fistula and anal fissure procedures) as a part of his 'Day Surgery' sessions.

Overall, Mr Zacharakis is an excellent surgeon and clinician, fully competent in radical Oesophago-Gastric cancer resections as well as General Surgery and Laparoscopic Upper Gastro-intestinal surgery. He has excellent technical and clinical abilities, achieving excellent results.

He is reliable, hard working, diligent and certainly a team player. Both medical and nursing staff rated him very highly and the patients fully trusted him. He has outstanding communication skills and natural leadership ability. His cognitive knowledge is well above average and has all the abilities for further academic career.

Mr Zacharakis has demonstrated all these qualities and I fully support and recommend him as a colleague and friend in any of his future career plans.

Yours Faithfully

G Hanna

**Professor George Hanna**  
**Head of Division of Surgery**



Authorised by  
Human Resources:

Henry Phillpotts

HENRY PHILLPOTTS

SENIOR HR ADMINISTRATOR